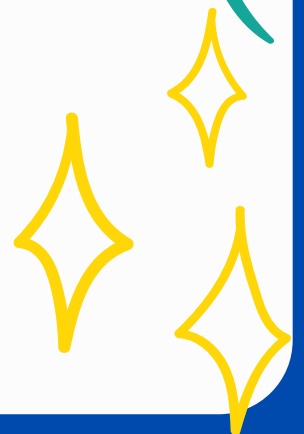
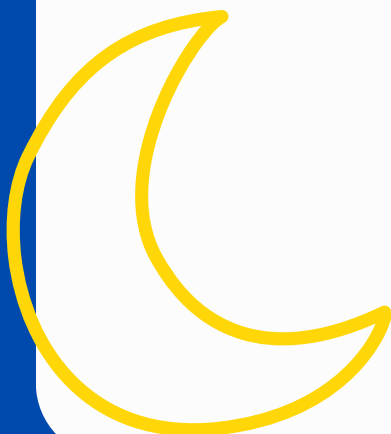
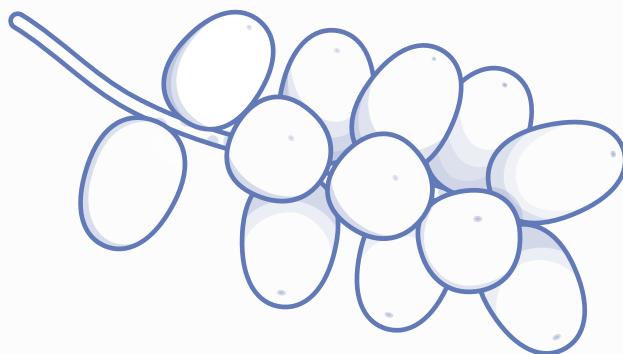


Daily Sunnan
_____ of _____

RAMADAN



JAZAKALLAH khairan!

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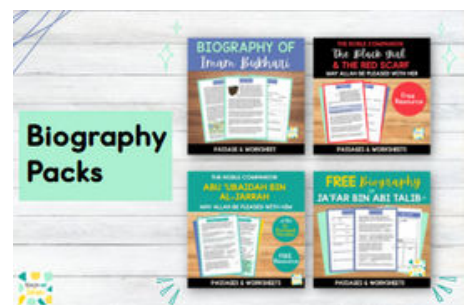
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What is fasting?

Fasting linguistically

Refraining from something.

According to the Sharia

Refraining from food and drink and the rest of the matters which nullify a fast, from the time when the second Fajr appears until sunset for the worship of Allaah

Allaah ﷻ made Fasting obligatory upon His slaves in every nation.

Allaah ﷻ said:

**O you who believe! Observing As-Saum (the fasting) is prescribed for you as it was prescribed for those before you, that you may become Al-Muttaqûn (the pious)
[Baqarah: 183]**

Allaah ﷻ made it compulsory for all the nations because it is a great worship.

Muslims show their true love of Allah and understanding of his greatness.

Muslim's try to please Allah by being patient with hunger and thirst.

THE REWARD OF FASTING RAMADAN

From Abu Hurairah رضي الله عنه from the Prophet ﷺ who said:

من قام ليلة القدر إيماناً واحتساباً غفر له ما تقدم من ذنبه ومن
صام رمضان إيماناً واحتساباً غفر له ما تقدم من ذنبه

Whoever prayed during the night of Laylatul - Qadr due to Eemaan and seeking a reward, then he is forgiven of his previous sins. Whoever Fasts Ramadan due to Eemaan and seeking a reward, then he is forgiven of his previous sins.

[Collected by Nisa'ee and Albaani authenticated it in Saheeh al-Jamia no. 6535 and researched it in al-Irwaa no.914]

Abu Hurairah رضي الله عنه from the Messenger of Allaah ﷺ who said:

'When it is the first night of the month of Ramadan, the Devils are locked up and the evil Jinn, the doors of Hell-Fire are closed, so that no door from it is open. The doors of Paradise are opened, so no door from it is closed. A caller will call out: O seeker of good come forward, and O seeker of evil keep away from sin, and Allaah has slaves freed from the fire, and that is every night of Ramadan.'

Tirmidhi and Ibn Majah: [Albaani declared it Hasan]

1

Intention

From Hafsa رضي الله عنها from the Prophet ﷺ who said:

من لم يبيت الصيام من الليل فلا صيام له

'Whoever does not have the intention of Siyyam (Fasting) during the night then he has no fast.'

[Collected by Nisa'ee and Albaani authenticated it in Saheeh al-Jamia no. 6535 and researched it in al-Irwaa no.914]

2

The Encouragement to Eat at the Time of Sahoor

From Anas bin Malik رضي الله عنه who said the Messenger of Allaah ﷺ said:

«تَسَحَّرُوا فَإِنَّ فِي السَّحُورِ بَرَكَاتًا»

'Eat at the time of Sahoor, since indeed in the eating at the time of Sahoor is blessings.'

Collected by Bukhari & Muslim

3

A Blessed Meal

From Abdullaah bin al-Harith رضي الله عنه narrating from a man from the Companions of the Prophet ﷺ who said: I visited the Prophet ﷺ while he was eating at the time of Sahoor and he said:

«إِنَّهَا بَرَكَهٌ أَعْطَاكُمْ اللَّهُ إِيَّاهَا فَلَا تَدَعُوهُ»

‘Indeed it is Barakah (Blessings) which Allaah has given you so do not leave them.’

[Collected by Nisa’ee & authenticated by Albaani]

4

Inviting People to Eat at the Sahoor

From Ibn Abbas رضي الله عنه who said:

أرسل إلي عمر بن الخطاب يدعوني إلى السحور، وقال: إن رسول الله صلى الله عليه وسلم سماه الغداء المبارك.

Umar bin al-Khattab رضي الله عنه sent me an invitation to eat at the time of Sahoor and he said: that the Messenger of Allaah ﷺ called it a blessed meal.’

[Collected by Tabarani & Saheehah no.2938]

5

The People of the Book do not take Sahoor

From Amr bin al-Aas رضي الله عنه that the Messenger of Allaah ﷺ said:

“فَصَلُّ ما بين صيامنا وصيام أهل الكتاب أكلة السَّحَرِ”
‘The distinction between our Siyyam(fasting) and the fasting of the people of the Book is eating at the time of Sahoor.’”

[Collected by Muslim, Abu Dawood, Tirmidhi, Nisa’ee and Ibn Khuzaimah]

6

Angels Send Dua for those who eat at the time of Sahoor

From Abu Sa’eed al-Khudri رضي الله عنه who said that the Messenger of Allaah ﷺ said:

«السحور أكلة بركة فلا تدعوه ولو أن يجرع أحدكم جرعة من ماء فإن الله وملائكته يصلون على المتسحرين»
‘Eating at the time of Sahoor is blessed so do not leave it, even if one of you were to take a sip of water. Indeed Allaah sends praise and His Angels make Dua for those who eat at the time of Sahoor.’

[Collected by Ahmad & Albaani graded it Hasan in Saheeh at-Targheeb 1062]

7

Eating Dates for Sahoor

From Abu Hurairah رضي الله عنه who said that the Messenger of Allaah ﷺ said:

”يَعْمَ سَحُورُ الْمُؤْمِنِ التَّمْرُ“

‘A blessed Sahoor for the believer is dates.’

[Collected by Abu Dawood, Ibn Hibban & Albaani graded it Saheeh in Targheeb no. 1072 & researched in Saheehah no. 562]

8

Delaying the Sahoor

The Prophet ﷺ said: ‘If one of you hears the call to prayer and the vessel is still in his hand, then he should not put it down until he has taken his need from it.’

[Collected by Ahmad, Abu Dawood, Hakim and he authenticated it, and Dhahabi agreed with him.]

9

Hastening the Breaking of the Fast

From Sahl bin Sa'ad رضي الله عنه who said that the Messenger of Allaah ﷺ said:

“لا يزال الناس بخير! ما عجلوا الفطر.”

‘The people will continue to be upon goodness as long as they hasten the Iftaar (opening a fast).

[Collected by Bukhari, Muslim and Tirmidhi. Albaani graded it Saheeh in Saheeh Targheeb no.1073]

10

It is Recommended to Break Fast with Moist Dates

From Anas bin Malik رضي الله عنه

“كان رسول الله - صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ - يفطرُ قبل أن يصليَ على رُطَبَاتٍ، فإن لم تكن رُطَبَاتٍ فتمراتٌ، فإن لم تكن تمرات حسا حَسَوَاتٍ من ماء.”

‘that the Messenger ﷺ used to break fast upon a few moist dates before he would pray, if there were no moist dates then he would break fast upon a few dry dates, and if there were none then he would take a few sips of water.’

Collected by Imam Ahmad, and others from the collectors of the Sunan with a Hasan hadeeth from Anas bin Malik -Radi Allaahu anhu. It was graded Hasan by Tirmidhi, and authenticated by al-Hakim, Dhahabi and Deeyah in 'al-Mukhtar'

11

Making Dua during Ramadan

It is narrated from Abu Saeed al-Khudri رضي الله عنه who said:

The Messenger of Allaah ﷺ said:

إن لله تبارك وتعالى عتقاء في كل يوم وليلة - يعني في رمضان -
وإن لكل مسلم في كل يوم وليلة دعوة مستجابة

'Indeed Allaah -Tabaraka wa Ta'ala- frees slaves every day and night -meaning in Ramadan- and indeed every Muslim has every day and night a supplication that is answered.'

[Collected by al- Bazzar & Albaani declared it to be Saheeh lighayrihi.]

12

Praying the Taraweeh Prayer

Abu Hurairah رضي الله عنه said:

كان رسول الله صلى الله عليه وسلم يرغب في قيام رمضان من غير أن يأمرهم بعزيمة ثم يقول من قام رمضان إيماناً واحتساباً غفر له ما تقدم من ذنبه

The Messenger of Allaah ﷺ used to encourage praying in the night during Ramadan, without ordering them to do so as an obligation, then he would say:

من قام رمضان إيماناً واحتساباً غفر له ما تقدم من ذنبه

'Whoever prayed during the night in Ramadan due to Eemaan and seeking a reward, then he is forgiven of his previous sins.'

[Collected by Muslim, Abu Dawood, Tirmidhi, Nisa'ee & Albaani declared it to be Saheeh.]

13

Opening someone's Fast

From Khalid al-Juhani رضي الله عنه from the Prophet ﷺ who said:
"من فطر صائماً؛ كان له مثل أجره، غير أنه لا ينقص من أجر الصائم شيء."
"Whoever opened the fast of a fasting person then he will receive the reward the like of the fasting person, except that it will not decrease anything from the reward of the fasting person."

'Whoever opened the fast of a fasting person then he will receive the reward the like of the fasting person, except that it will not decrease anything from the reward of the fasting person.'

[Collected by Tirmidhi, Nisa'ee, Ibn Majah, Ibn Khuzaimah and Ibn Hibban & Albaani graded it Saheeh in Saheeh Targheeb no.1078]

14

Reading the Quraan during the night in Ramadan

From Ibn Abbas رضي الله عنه - who said:

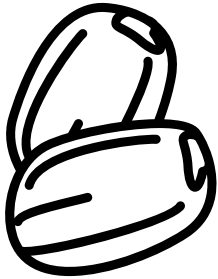
كَانَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ أَجْوَدَ النَّاسِ بِالْخَيْرِ وَكَانَ أَجْوَدَ مَا يَكُونُ فِي رَمَضَانَ وَكَانَ جِبْرِيلُ يَلْقَاهُ كُلَّ لَيْلَةٍ فِي رَمَضَانَ يَعْرِضُ عَلَيْهِ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ الْقُرْآنَ فَإِذَا لَقِيَهُ جِبْرِيلُ كَانَ أَجْوَدَ بِالْخَيْرِ مِنَ الرِّيحِ الْمُرْسَلَةِ

'The Messenger of Allaah ﷺ was the most generous of the people in goodness, and he would especially be the most generous when it came to Ramadan. Jibreel would meet him every night in Ramadan and the Prophet -sallAllaahu alayhi wa sallam- would read to him the Qur'aan and when the Prophet used to meet Jibreel, he would be more generous in goodness than a strong wind blowing.'

[Collected by Bukhari & Muslim]

FACT CHECK

Circle the correct answer



Which dates are the best kind to break fast with?

fresh

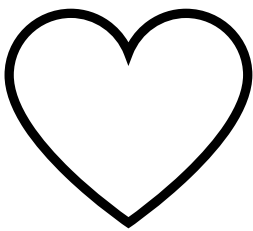
dry



The people of the book do not take...

sahoor

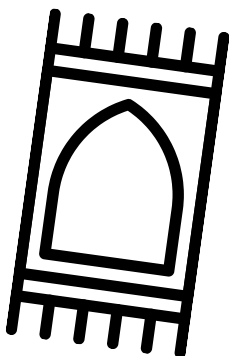
iftaar



When do you have make intention?

before the fast has begun

after the fast has begun



Your sins are forgiven if you pray at night and you

pray so people will praise you

pray seeking reward from Allah

RAMADAN IS A-MAZE-ING

The maze contains the following statements and options:

- Statement 1:** You must intend to fast before it begins.
Options: true, false
- Statement 2:** Fasting is a punishment.
Options: true, false
- Statement 3:** There is blessing in sahoor.
Options: true, false
- Statement 4:** The People of the Book take sahoor.
Options: true, false
- Statement 5:** Angels make dua for the people who take sahoor.
Options: true, false
- Statement 6:** You should try to break fast as soon as it's time.
Options: true, false
- Statement 7:** There is great reward for praying taraweeh.
Options: true, false
- Statement 8:** It's sunnah to break fast with samosas.
Options: true, false

Sahoor

— a blessed —

MEAL

What food is a blessed sahoor for Muslims?

Why should you eat at the time of sahoor?

What do the angels do for the people who take sahoor?

What is the difference between the fasting of the Muslims and the people of the book?

Eating at the time of sahoor is...

b _____

MEMORY CHALLENGE

Can you name 7 sunnan of Ramadan?

1

2

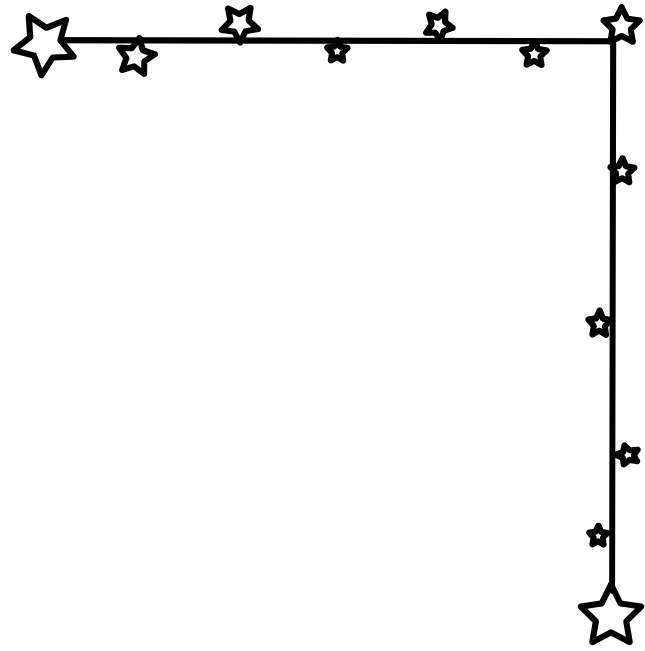
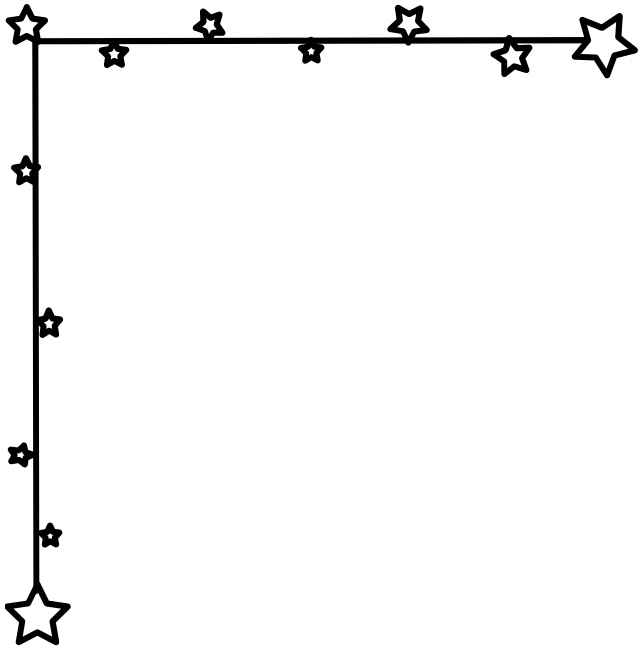
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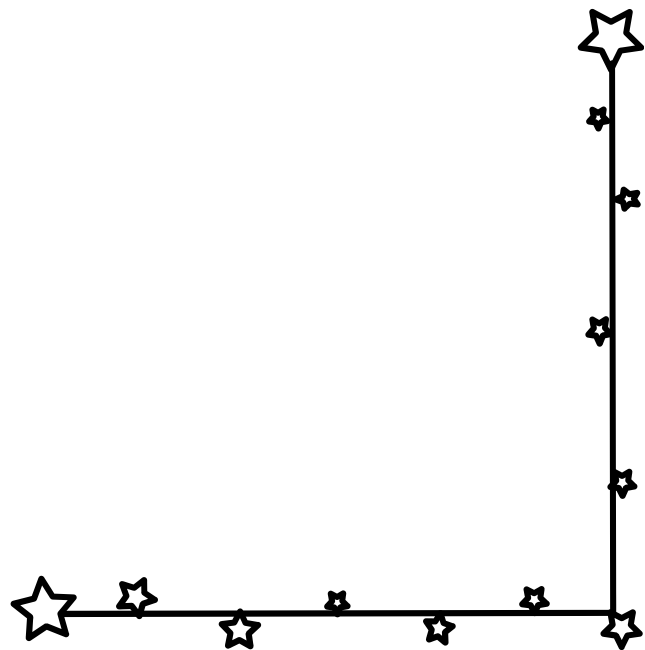
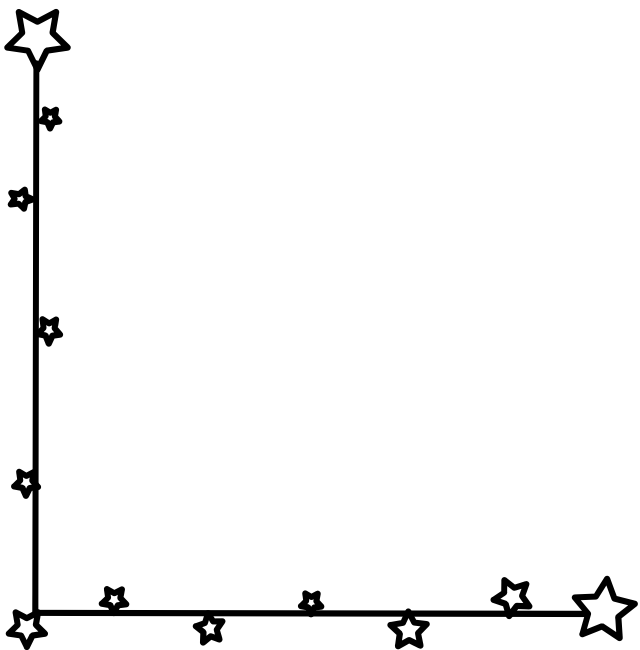
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6

7



ANSWERS



RAMADAN IS A-MAZE-ING

You must intend to fast before it begins
true →
false →

Fasting is a punishment
true →
false →

There is blessing in sahoor.
true →
false →

The People of the Book take sahoor.
true →
false →

Angels make dua for the people who take sahoor.
true →
false →

You should try to break fast as soon as it's time.
true →
false →

There is great reward for praying taraweeh.
true →
false →

It's sunnah to break fast with samosas.
true →
false →

ANSWERS

Which dates are the best kind to break fast with?

fresh

dry

The people of the book do not take...

sahoor

iftaar

When do you have make intention?

before the fast has begun

after the fast has begun

Your sins are forgiven if you pray at night and you

pray so people will praise you

pray seeking reward from Allah

What food is a blessed sahoor for Muslims?

DATES

Why should you eat at the time of sahoor?

THERE IS BLESSING/IT IS SUNNAH

What do the angels do for the people who take sahoor?

MAKE DU'AA FOR THEM.

What is the difference between the fasting of the Muslims and the people of the book?

SAHOOR

Eating at the time of sahoor is...

BARAKAH/BLESSINGS